

<p>The Club is looking to return for members canoeing sessions from the Riverside centre Chester. This document is to record a system of operation for the sessions</p>		
<p>Communications</p>	<p>The sessions will be advertised to members only through the club email system. The first three weeks will be limited to 18 members. This will be reviewed. Members must pre book a session. Members should arrive on time. Members will be reminded that it is their personal responsibility not to attend if they are either in lockdown or suspect they have known symptoms of Covid 19. Notices to this effect will be displayed on site. Shielded members should consider all risks. Posters reminding people of their responsibilities will be displayed.</p>	
<p>Who can attend the club sessions</p>	<p>Members should be fully self-contained as far as equipment. Personal first aid kits should be carried. <b>In order to control numbers Non/New members are welcome by arrangement through the club email system.</b></p>	
<p>New Members/ Club equipment</p>	<p><b>Equipment will be made available where required. A club officer accompanied by a volunteer will be the only people to enter the boat store. They will get out and issue kit as required. At the end of the session used boats will be subject to disinfection either by wiping with disinfection wipes or spray disinfectant. Clothing and soft equipment will be washed in soapy water placed out in order to dry fully before reuse.</b></p>	

	<p><b>Kit will not be reused in under 72 hours.</b></p>	
On site management	<p>A designated club officer will take control of the evening and be the point of reference. This person should be the last to leave the site.</p> <p>Members should arrive at the site dressed ready to paddle. Use of change rooms will not be available.</p> <p><b>Please avoid actions that would upset the neighbours.</b></p> <p>Toilets will still be in use.</p> <p>Cars should be parked and equipment off loaded. To avoid congestion at the jetty boats should remain by the cars until it is time to get on the water.</p> <p>When moving to and from the car park area adopt a keep left location on the roadway.</p> <p>Paddlers should form appropriately sized paddle groups in line with prevailing government social distancing advice.</p> <p>When the group is formed and ready then they should collect their boats and get on the water as quickly as they can before forming up away from the jetty before engaging on the paddle session.</p> <p>Avoid congestion on the jetty or in front of the buildings.</p> <p>At the end of the paddle groups should hold off the slipways if other groups make it difficult to social distance.</p> <p>When getting off please clear the slipways quickly.</p>	
Administration	<p>A list of members who attend will be recorded.</p> <p><b>Members will form paddle bubbles in line with current</b></p>	

	<p>government guidance on numbers. Details of the bubble members names and contact details will be recorded on a supplied contact slip and retained by the club. The contact information will only be released to bubble members if required for public health reasons. Members are at liberty not to leave contact details, but names must be recorded.</p> <p>This information will be retained for three weeks then destroyed.</p> <p>Refreshments will not be available.</p> <p>There will be a standard club charge for these sessions. Payment (Please have the correct amount) will be either cash or e transfer.</p>	
<p>Hygiene and infection control measures</p>	<p>The club will make available disinfectant wipes and hand gels for members to use. A bag will be available to collect waste materials which can be disposed of through the normal waste systems after 72 hours.</p> <p>A person will be designated to disinfect the contact points on site at the end of the session.</p>	
<p>First Aid</p>	<p>A normal and appropriate response to a first aid incident should be considered. Members should attempt self-administration of first aid. A fully equipped snatch bag will be readily available on the site. In addition to the standard emergency aid stock there will also be a stock of face masks plastic aprons and gloves.</p>	

<p>On the water</p>	<p>Paddlers should only operate in areas they are competent in.</p> <p>In the event of a rescue situation the first consideration should be non-contact and get to the bank. Direct contact rescues should be avoided.</p> <p>If capsize instruction is deemed appropriate, consider using the beach area upstream of the jetty where people can exit the water unassisted.</p>	